



THE Georgia Orthopaedic Society NEWS

VOLUME 15 | NUMBER 3

SEPTEMBER 2010

GEORGIA ORTHOPAEDIC SOCIETY, INC.

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And the Evidence Shows ... What?

By Charles Hubbard, M.D.

Dr Jerry Hornsby, an orthopaedic colleague from Tennessee, once remarked of his residency days at Campbell Clinic, *"the two most quoted authors on my service were some folks and some other folks!"* as in some folks say [this] but some other folks say [that]. His humor is not lost on anyone who has ever prepared for a journal club only to find the issue to be discussed contains two papers on the same condition with conflicting findings and opposing recommendations. At some point in our development as surgeons, we all learn how to deal with this conundrum, initially following what we were taught in our training but as time passes and further experience is gained, modifications find their way into our practice based on what has worked best in our hands for our patients. *"Neither be the first nor the last to take up something new,"* **Dr Harold Boyd** used to advise. I suspect it's been this way with physicians for centuries, if not millennia.

This lack of consensus on what is the best treatment for a given diagnosis drives lay people ... especially payers ... crazy. They can't understand why in this day and time all physicians can't do the same thing for the same ICD-9 code. The short answer is *things change*. And with that so do patients' expectations. A longer answer might be it's the fault of our training. We are taught to trust the quality of our education and rely on our own judgment. And by and large patients have benefited mightily from it. I bring this up only because the Doctors-Are-The-Problem Crowd is determined to put an end to it. More conformity in treatment with emphasis on results is in their opinion the one true way to *better* and *cheaper* health care.

It's a seductive argument though I think the experience of our own academy might be cautionary. To their credit the AAOS has decided *if that's what they want, we'll make sure it's done right*. One result of their initiative has been to develop "Clinical Guidelines" using the very best data available in the literature. Like many of you, I have perused some of these and been a bit underwhelmed by the preciseness of the *guidance* they provide. Take two of the most recent: "Treatment of Distal Radius Fractures (JAAOS, March)" and "Diagnosis and Treatment of Acute Achilles Tendon Rupture (JAAOS, August)". Both are injuries of the most common sort. Any orthopaedist in general practice will see hundreds of these in his or her career so you would think if there was ever to be agreement on best treatment, these would be great examples. I suspect the panel thought so too but apparently that is not the case. For Achilles rupture the panel reviewed 16 recommendations coming to consensus on just two. The data was too inconclusive to recommend in seven and for the remainder their *suggestions* were based on data rated weak to moderate. For a Colles fracture, of 29 recommendations the panel's scorecard read: Consensus – two; Inconclusive – fourteen; Suggested – eleven with the strength of the data still looking *weak to moderate*. I can only assume if the AAOS is struggling to find good evidence for guidelines, other specialty societies are finding much the same.

So, what's a *bonehead* to do? We do what we've always done and understand why our mentors taught us to trust our own judgment. The Obamanites and the quality police, I predict, are in for a huge disappointment.

A Note from the President...



Dear Colleagues,

As our Annual Meeting is approaching soon, I hope you will be able to join Andrea and me at the Ritz Carlton at Amelia Island. Hal Silcox, Program Chairman, has done a fantastic job putting our program together. Attendees will enjoy a wonderful mix of scientific and political presentations.

The scientific program includes a wide variety of clinical information. We have symposiums on trauma and pediatrics among others but also discussion on “new” things like PRP and stem cell research. We will have a report from our Haiti contingent. Also, matters on the new healthcare front regards how our practice models may have to change over the next decade will be discussed. Back by popular demand will be the Presidential Inquisition. This year, the process will be interactive and involve and depend on audience participation.

I am honored to have my friend James Beaty, M.D. as our Presidential Guest Speaker. Jim’s resume could fill a textbook. Briefly, he is the immediate past Chief of Staff of the Campbell Clinic where he practices as a Pediatric Orthopaedist. He has served as President of the American Academy of Orthopaedic Surgeons as well President of the American Board of Orthopaedic Surgery. His knowledge base regarding the future

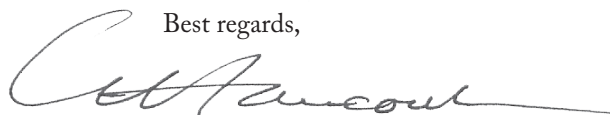
of Orthopaedic Surgery is immeasurable and he will be sharing many insights on our future at our meeting. Please be with us as we welcome Jim and Terry Beaty to our meeting.

The timing of our meeting will be about two weeks before the critical November midterm and state elections. We have invited Nathan Deal, Republican gubernatorial candidate, to address us on state issues like Trauma Care among other state issues.

Andrea, along with our Executive Director Liz Neary, has arranged an excellent program for spouses and guests. Door prizes await those who attend the Pebble Hill Plantation Spouse and Guest Breakfast. As always, these social events complement the meeting with great opportunities to meet new members and to renew old friendships.

Again, I hope you will be able to join us for our 65th Annual Meeting, October 14 through 17 at Amelia Island. A great meeting is planned and Andrea and I look forward to seeing you. Thank you.

Best regards,



Chip Hancock

The 2010 GOS Charity Project is **Hôpital Albert Schweitzer Haiti.**



Please bring your checkbook to make a tax-deductible donation.
Or mail to: GOS, 131 Holly Springs Drive, Peachtree City, GA 30269

The New Head of CMS

Donald Marx Berwick MD, formerly President and Chief Executive Officer of the Institute for Healthcare Improvement (IHI), was appointed by President Obama to serve as the Administrator of CMS. Wikipedia describes IHI as a *not-for-profit organization helping to lead the improvement of health care throughout the world using evidence-based medicine*. Dr Berwick received both his undergraduate and medical degrees from Harvard. He is a pediatrician by training but his main work has been in the area of health system management and policy. He was appointed through a recess appointment which spared him a confirmation hearing before the Senate. Dr Berwick's views on physicians and health care systems makes obvious why President Obama chose this route. He is an enthusiastic supporter of Britain's National Health Service saying, *"Any health care funding plan that is just, equitable, civilized and humane must redistribute wealth ... excellent health care is by definition redistributive."* and, *"the decision*

is not whether we will ration care – the decision is whether we will ration with our eyes open."

Other Berwickisms :

"I have climbed Mount Rainier five times. Each time I made that tough trek, my risk of dying was about 100 times smaller than the risk I will face on the operating table."

"Limiting physician discretion [in making treatment decisions] is probably the best thing that could be done to improve patient safety. The doctors will hate me for saying this."

"Some say that doctors and patients should now be partners in care. Not so, I think. In my view, we doctors are not our patients' partners; we are guests in our patients' lives. We are not hosts. We are not priests in a cathedral of technology."

Buckle up! The seatbelt sign is now on. Antipathy for physicians appears to be on a new and steeper trajectory.

Dr. and Mrs. Frank Kelly hosted a fundraiser for Congressman Nathan Deal at Idle Hour Country Club, Macon GA.

Pictured: (left to right),
Jack Chapman, MD
Chair of GAMPAC,

Representative Larry O'Neal
Warner Robins,

Congressman Nathan Deal, &
GOS Past President
Frank Kelly, MD.



A message from the GOS PR Chairman:

Please join us for an exciting 2010 Annual GOS meeting. You will gain stimulating CME with friends and colleagues, and you will also love Amelia Island, FL. Here are some fun things to do in the area:

- **Visit Fort Clinch**
A beautiful 19th Century Fort on the northern tip of the island
www.floridastateparks.org/fortclinch
- **Explore Cumberland Island**
Named "America's most beautiful wilderness beach" according to Travel Channel — a short ferry ride from Amelia Island
www.ameliarivercruises.com
- **Deep Sea Fishing**
Call me if you need help setting up a charter

- **Shop in historic downtown Fernandina Beach**

The heart of the island, with numerous unique shops and plenty of excellent restaurants

Please do not hesitate to contact me if I can help you make plans to make your 2010 GOS meeting the best yet. Visit www.ameliaisland.com for more information.

Jim

James Barber, M.D.
Douglas, GA USA
Cell – (912) 292-4064
jbarbermd@gmail.com

*** 2010 ANNUAL MEETING HOUSING ***

Due to the large numbers planning to attend the GOS Annual Meeting, our block of rooms for the weekend at the Ritz-Amelia has filled. We apologize for any inconvenience this may cause you. We are fortunate that so many of you support the Society by attending this meeting and that our annual meeting is continuing to grow each year.

We have now blocked rooms within 5 minutes of the Ritz, at the Marriott Residence Inn - Amelia Island.

To the right is information on The Residence Inn (There is also a waitlist at the Ritz):

MARRIOTT RESIDENCE INN 866.245.6066 or locally 904.277.2440

Group name: Georgia Orthopaedic Society
Rates: \$169.00 - Studio Suite
Rates: \$179.00 - One Bedroom Suite
Room Release Date: September 13th

In addition, other accommodations in the area include:

AMELIA ISLAND PLANTATION 888.261.6161 or locally 904.261.6161

We do not have a room block at this hotel, however, the rates for the meeting dates range from \$219.00 – \$319.00 a night. Please call for updated rates and availability. Please confirm the cancellation policy before you reserve your room.

The Ritz Carlton | Amelia Island, Florida

OCTOBER 14-17, 2010

SCHEDULE OF EVENTS (SCIENTIFIC & SOCIAL)

THURSDAY, OCTOBER 14, 2010

- 3:00 – 5:00pm **GOS BOARD OF DIRECTORS MEETING**
- 6:30 – 8:00pm **REGISTRATION / RECEPTION**
(Plaza Prefunction/Plaza 1 & 2)
(Children invited)
- 9:00 – 11:00pm **POSTER EXHIBITS SET-UP**

FRIDAY, OCTOBER 15, 2010

- 7:00am **5K WALK/RUN**
(South Beach)
Mike Raab, M.D.
- 7:15am **REGISTRATION FOR SCIENTIFIC SESSION**
(Talbot Prefunction)
- 7:45am–12:30pm **SCIENTIFIC & BUSINESS MEETING**
(Talbot E-H Ballroom)
- 8:30 – 10:00am **SPOUSE/GUEST BREAKFAST**
Program –
Pebble Hill Plantation- Barbara Cohenour
(Speaker from Thomasville, GA)
(Seaside Room)
Mrs. Charles (Andrea) Hancock
- 9:00a – 4:00pm **RITZ KIDS PROGRAM**
(Children ages 5-12)
(Advanced reservations required)

- 10:00a – 12:00p **LADIES TENNIS TOURNAMENT**
(Ritz Tennis Courts)
Lynna Schmidt
- 1:00 – 5:00pm **MEN'S AND LADIES' GOLF TOURNAMENT**
(Golf Club of Amelia Island (Ritz Carlton) –
Lunch included
- 7:00pm **COCKTAILS** (Black Tie Optional)
(Talbot D & Prefunction)
- 7:30 – 11:30pm **DINNER – DANCE BANQUET**
(Talbot E-H Ballroom)
Featuring: "The Grapevine Band"

SATURDAY, OCTOBER 16, 2010

- 7:30am **REGISTRATION FOR SCIENTIFIC SESSION**
(Talbot Prefunction)
- 7:45 - 1:15pm **GENERAL SCIENTIFIC SESSION**
(Talbot E-H Ballroom)
- 9:00am–4:00pm **RITZ KIDS PROGRAM**
(Children ages 5-12)
(Advanced reservations required)
- 6:00 – 8:00pm **COCKTAIL PARTY**
(Ocean Front Lawn)
(Children Invited)

PLEASE JOIN THE
GEORGIA ORTHOPAEDIC SOCIETY
FOR A
Luncheon
HONORING
Nathan Deal
CANDIDATE FOR GOVERNOR
TO BENEFIT HIS CAMPAIGN
FOR GOVERNOR

Paid for by Nathan Deal for Governor, Inc.
P O Box 2495
Gainesville, GA 30503

*Per state law, the maximum contribution is \$6,100

at **The Ritz Carlton, Amelia Island**
4750 Amelia Island Parkway
Amelia Island, FL 32034
Room - Talbot A-B
Saturday, October 16, 2010
1:15 P.M.

Host- \$1,000 | Suggested Contribution- \$250

R.S.V.P. to Laura Goss @ 678-571-2889 or by
email at laura.l.goss@gmail.com

Please send checks to:
P.O. Box 2495, Gainesville, GA 30503

THURSDAY, OCTOBER 14, 2010
 3:00-5:00pm **GOS BOARD OF DIRECTORS MEETING**
 6:30-8:30pm **REGISTRATION/RECEPTION**
 (Plaza Prefunction/Plaza 1 & 2)
 9:00-11:00pm **POSTER EXHIBITS SET-UP**
 (Talbot E-H)

FRIDAY, OCTOBER 15, 2010
 6:30am **POSTER and EXHIBIT SET-UP**
 7:15am **REGISTRATION: GEORGIA ORTHOPAEDIC SOCIETY**
 (Talbot Prefunction)
 7:45am **SCIENTIFIC SESSION & BUSINESS MEETING**
 (Talbot E-H)
SESSION I
 MODERATOR:
 Chip Hancock, MD, President
 7:45am **WELCOME**
 Chip Hancock, MD, President
 Thomasville
 7:50am *A Radiographic Finding in Patient's with Greater Trochanteric Pain Syndrome*
 William Wiley, MD
 Byron
Are Subtrochanteric Cerclage Wires Really the Work of the Devil?
 Bruce Ziran, MD
 Atlanta
Periprosthetic Femur Fracture Treatment
 Allen McDonald III, MD
 Atlanta
 8:20am *Antibiotic Prophylaxis of GOS Orthopaedic Surgeons*
 Bruce Reid, MD
 Griffin
PRP—Just Another Sports Fad?
 Letha Y. Griffin, MD
 Atlanta
Bone Marrow Derived Stem Cell Treatment of Osteoarthritis—Preliminary Results
 Douglas Nuelle, MD
 Blue Ridge
Compartment Syndrome after Tibial Plateau Fractures
 James Marino, MD
 Atlanta
Top Ten Pearls for Performing a Leg Fasciotomy
 Jeffrey Fried, MD
 Macon
DISCUSSION

9:05am *Interfragmentary Suture Fixation for Displaced Type II Distal Clavicle Fracture*
 Scott Pennington, MD
 Atlanta
Cortical Irregularities of Radial Styloid in De Quervain's Tenosynovitis
 Guy Foulkes, MD
 Macon
Anterior Submuscular Plating of the Humerus
 Bruce Ziran, MD
 Atlanta
 9:35am **PRESIDENTIAL GUEST SPEAKER**
Femur Fractures in Kids....a 20 Year Update
 James H. Beaty, MD
 Memphis, TN
 10:00am **BREAK – VISIT EXHIBITS**
 10:25am **SESSION II**
 MODERATOR:
 Todd A. Schmidt, MD, President Elect
 Stockbridge
Multilevel Anterior Cervical Discectomy and Fusion Using Polyetheretherketone Interbody Spacers in the Competent Human Bone Morphogenetic Protein-2: A Review of 20 Patients
 Matthew Link, MD
 Fort Gordon
Minimally Invasive Spinal Fusion Using the Lateral Approach (XLIF or DLIF)
 Tim Yoon, MD
 Atlanta
Inter and Intra Observer Reliability of the Risser Sign in a Metropolitan Scoliosis Screening Program
 TBD
 10:50am **GOS JIM FUNK, MD**
DISTINGUISHED SERVICE AWARD
 James Barber, MD
 Douglas
 10:55am **GUEST SPEAKER**
Saving Lives in Georgia through an organized trauma network
 Senator Greg Goggans, DMD
 11:10am **THOMAS E. WHITESIDES, MD**
RESIDENTS AWARD
Extensor Pollicis Longus Rupture in Distal Radius Fractures: A Clinical and Cadaveric Study with a New Therapeutic Intervention
 Andy Putnam, MD
 Atlanta Medical Center
 Atlanta
 11:25am *The Essex Lopresti Lesion—Is there a solution?*
 Phani Dantuluri, MD
 Atlanta

THE 2010 GEORGIA ORTHOPAEDIC SOCIETY ANNUAL MEETING

	<i>Management of Soft Tissue Challenges in Haiti after the Earthquake</i> Obiwanne Ugwonal, MD Atlanta	9:25am	<i>Back to the Future – Hospital/Physician Employment</i> Les Jebson, Executive Director, University of Florida, Orthopaedic and Sports Medicine Institute
12:00pm	<i>The Politics of Orthopaedics</i> Don Bolia – GOS, PGA, LLC Atlanta		DISCUSSION
12:15pm	GOS BUSINESS MEETING	10:00am	BREAK – VISIT EXHIBITS
12:30pm	ADJOURN		SESSION II MODERATOR: Danny Guy, MD, Past President LaGrange
<hr/> SATURDAY OCTOBER 16, 2010 <hr/>			
7:45am	REGISTRATION	10:25am	SYMPOSIUM II <i>The Pediatric Spine in Sports—Return to Play</i> <i>Lumbar Spondylolysis—The Dreaded Pars Fracture</i> Bob Bruce, MD Atlanta
7:45am-1:15pm	SCIENTIFIC SESSION & BUSINESS MEETING		<i>Cervical Stenosis, Burners and Stingers</i> TBD Atlanta
7:45am	ANNOUNCEMENTS Chip Hancock, MD, President Thomasville		<i>Return to Sports after Spinal Surgery</i> Dennis Devito, MD Atlanta
	SESSION I MODERATOR: D. Hal Silcox, MD, Secretary-Treasurer Atlanta		PANEL DISCUSSION
7:50am	<i>Fresh Allograft Use for Massive Osteochondral Defects: An Overview</i> Sam Labib, MD Atlanta	11:00am	PRESIDENTIAL GUEST SPEAKER <i>Small Victories in our Orthopaedic Life</i> James Beaty, MD Memphis, TN
	<i>OR Inefficiencies: Not Just Surgeons Complaining, but Money in the Bucket</i> Bruce Ziran, MD Atlanta	11:25am	BREAK- VISIT EXHIBITS
	<i>Results of Subtalar Arthrodesis for Treatment of Flexible Pediatric Flatfoot</i> Sharrona Williams, MD		SESSION III MODERATOR: D. Hal Silcox, MD Secretary - Treasurer
	<i>Two Year Follow-up of Patients Treated with a Stand-Alone, Zero Profile, Interbody Cage and Plate System for Lumbar Degenerative Disc Disease</i> Tapan Daftari, MD Austell	11:45am	<i>Coordinated Trauma Care for the Haitian Earthquake Victims by the Georgia Orthopaedic Society</i> Douglas W. Lundy, MD Marietta
	DISCUSSION	12:10pm	The Orthopaedic College Quiz Bowl Competition Hosted by James H. Beaty, MD Memphis, TN
8:30am	REVIEW OF PATHOLOGY QUIZ Jeffrey Fried, MD Macon		Audience Divided into 4 teams Team Captains: Chip Hancock, MD, President Danny Guy, MD, Past President Todd Schmidt, MD, President Elect Hal Silcox, MD Secretary Treasurer
8:40am	SYMPOSIUM I TRAUMA —The Georgia Trauma Bill—The Impact on Coordinated Care of Trauma Doug Lundy, MD, Marietta Bruce Ziran, MD, Atlanta	12:40pm	GUEST SPEAKER Georgia Gubernatorial Candidate Nathan Deal
9:05am	<i>Survey of Practice Planning</i> Bart Kimbrell, MD Atlanta	1:05pm	GOS BUSINESS MEETING
	<i>Opting Out of Medicare—Is That a Viable Option?</i> Anuj Gupta, MD Atlanta	1:15pm	ADJOURN

THE GEORGIA ORTHOPAEDIC SOCIETY WOULD
LIKE TO THANK THE FOLLOWING COMPANIES FOR
THEIR SUPPORT OF THE ANNUAL MEETING

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SYNTHES

GOLD EXHIBITORS

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SATURDAY MORNING BREAK

GATESMOORE

THURSDAY NIGHT COCKTAIL RECEPTION

SOUTHERN MEDICAL

Georgia Orthopaedic Society 2010 Annual Meeting Registration Form

October 14-17, 2010

Ritz Carlton, 4750 Amelia Island Pkwy, Amelia Island, FL 32034

DEADLINE FOR RITZ CARLTON BLOCK OF ROOMS: SEPTEMBER 14, 2010

DEADLINE FOR MEETING PRE-REGISTRATION: SEPTEMBER 20, 2010

Please send completed meeting registration form and check to:

Georgia Orthopaedic Society, 131 Holly Springs Drive, Peachtree City, Georgia 30269.

Phone: 478-474-2754. Fax: 678-669-2754. Email: lnearygos@gmail.com

Register Directly Online at www.georgiaorthosociety.com

NAME: _____
(Please list as you would prefer your name badge to read.)

Spouse/Guest Name _____

Mailing Address: _____

PHONE: _____ FAX: _____ EMAIL: _____

REGISTRATION CATEGORY (check only one):

GOS Member Resident Member GOS Candidate for Membership
 Guest Resident Guest Allied Medical Professional (PA, NP, RN)

ACCOMMODATIONS:

THE RITZ CARLTON OTHER

Reservations should be made directly with the Ritz Carlton at 1-800-241-3333. Please ask for the GOS block of rooms at the rate of \$279 per night.

SOCIAL EVENTS REGISTRATION:

Thursday, October 14th, 6:30pm

Cocktail Reception YES _____ # Attending _____ N/C

Friday, October 15th, 7:00pm

Dinner Dance Banquet YES _____ # Attending _____ \$125 per person

Saturday, October 16th, 6:00pm

Cocktail Party YES _____ # Attending _____ N/C

NO, I will not be attending the Social Events

Children are welcome to attend the Thursday and Saturday evening events. Sports, Spouse Breakfast, and other social events registration will be mailed separately

Meeting Fees

Attending

Registration Fee for GOS Members - \$250	_____
Registration Fee for Non-Members - \$350	_____
Registration Fee for Allied Professionals - \$175	_____
Registration Fee for Residents, Spouses, Exhibitors - No Charge	_____
Friday Dinner Dance Banquet - \$125	_____
Late Fee - \$25 (For registrations rec'd after Sept 21st)	_____
Total Amount Enclosed - \$	_____

Checks should be made payable to the Georgia Orthopaedic Society

Payment Information: I authorize the following amount to be charged to my credit card: (Visa/MC/AMEX)

Name on Card _____

Billing Address w/ Zip Code _____

Card Number _____ AVS(3 digit # on back) _____

Expiration Date _____

Please Note: An additional \$15 will be charged to your card to cover fees.

Cancellation Policy: Refunds will not be granted for cancellations received after October 6, 2010.

2009-2010 GEORGIA ORTHOPAEDIC SOCIETY BOARD OF DIRECTORS

Thank you for your dedication to the Society!

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